

Show Respect

What does it mean?

- I behave in a ways that treat myself and others with care and understanding
- I act with care toward my surroundings and my environment
- I believe in the equal worth and rights of every person
- I intentionally use positive language to express ideas and opinions
- I problem solve for mutual benefit

John C Maxwell once said, "There are three roads you can take in life... the low road where we treat people worse than they treat us... the middle road where we treat people the same as they treat us... or the high road, where we treat people better than they treat us." Respect is taking the high road!



Show Respect

Looks like:

Sounds like:

Feels like:



Show Respect

Looks like:

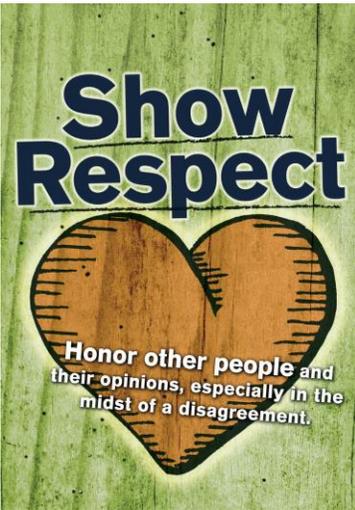
- *Treating others nicely
- *Taking care of property and the environment
- *Keeping myself and others safe
- *Obeying authority

Sounds like:

- *Friendly voices
- *Speaking clearly
- *Active listening
- *Using words to solve problems:
 - "Please"
 - "Thank you"
 - "I hear you."
 - "I am listening."
 - "What do you think?"

Feels like:

- *Knowing when to speak and when to hold my tongue
- * Understanding I can disagree with someone AND respect them
- *Valuing individual and cultural differences
- * Reverence for self, others, property and the environment
- *Receptive to learning and collaboration - Being open-minded



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Discussion Starter Questions:

If you are in a group or with another person and respect is effectively being used, what does it look like? Sound like? Feel like?

"Treat others the way you'd like them to treat you." What does this mean to you?

"To get respect, you have to give respect." What does this mean to you?

Identify a specific time you felt disrespected. What did it look like? Sound like? Feel like?

What did you learn from the situation? How has it changed the way you interact with others?

Identify a specific time when you failed to show respect. How did that impact the others?

What were the consequences for you? How did it impact relationships?

How do you show someone that you really respect them? What expressions do you use? What non-verbal behaviors do you show?

What is meant by self-respect? How do you demonstrate that?

How do you feel when people you are told to do something? How do you react? How does the tone of the request affect your response?

What are common signs of respect you see at our school? What are some common signs of disrespect that you see in people here at school? How do you feel about that?

Do you have to like a person in order to be respectful, or can you be respectful to someone even if you don't particularly care for him or her? How?

What types of prejudice have you witnessed here at school? How is it expressed? How does that make you feel?

How do you respond to others who are different from you? What, if any, role does fear play in your response?

How do the individual differences among the people you know enriched your life?

What responsibilities do you have toward your classmates? School property? Classroom environment?

Situations to Discuss:

Teacher says, "Alright class, today you will be working in your small groups." As the students are moving to the groups, a popular student in your group loudly sighs, "This sucks. We never learn anything in this class. He is so lame." How do you feel? What do you say and/or do?

You and your friends are leaving the cafeteria. You pick up your garbage and when you go to throw it away you notice that your friends have left a mess on the table and floor. How do you feel? What do you say and/or do?

You go to lunch with a group of kids. When one of kids places his order, the server says, "Are you sure YOU should be ordering this food? You look like you should down-size a bit." How do you feel? What do you say and/or do?

While waiting for the bus, a boy who is not very popular comes to stand near you. You notice other kids laughing when they notice the two of you talking. What do you say and/or do?

You and your friends are at a basketball game. There is a group of adults in front of you. They are laughing and making derogatory comments about the cheerleaders. One of your friends leans over and respectfully says, "Please stop. We don't act that way here." How do you feel? What do you say and/or do?

You are at the skate park which is a non-smoking area. A group of skaters come and start smoking around the ramps. How do you feel? What do you say and/or do?

You are at the fair with your friends. You get rowdy and obnoxious. Suddenly you realize how loud you are and vulgar you are getting. You notice many young kids around. How do you feel? What do you say and/or do?